



## Lough Eske Castle Breakfast Menu

### Fruit Juices

Squeezed Orange juice, Cranberry Juice, Apple Juice, Carrot Juice

### Cereals, Porridge, Fresh Fruit & Yoghurt

Weetabix, Rice Krispies, All Bran Flakes, Corn Flakes, Granola ①

Honey & Cinnamon Porridge ①⑦

Pineapple, Melon, Orange, Grapefruit

Natural Yoghurt, Strawberry Yoghurt ⑦

### Live Station & Full Irish Breakfast

Smoked Bacon, Irish Sausage, Grilled Tomato, Sauté Mushrooms, Black & White Pudding, Scrambled Egg

### À La Carte

Grilled Kippers ④⑦⑫

Lemon, Capers, Brown Butter

Please allow 15 minutes

Lough Eske Egg Benedict ①③⑦⑩⑫

Poached Eggs on a Savoury Muffin, Cooked Ham & Hollandaise sauce

Eggs Royal ①③④⑦⑩⑫

Poached Eggs on a Savoury Muffin, Smoked Salmon & Hollandaise Sauce

Eggs Florentine ①③⑦⑩⑫

Poached Eggs on a Savoury Muffin, Spinach & Hollandaise Sauce

Vegetarian ①③⑦

Vegetarian Sausage, Grilled Tomato, Mushrooms, Homemade Bean Cassoulet, Poached eggs

Charcuterie & Donegal Smoked Salmon ④

Selection of Pastries ①③⑦

Croissants, Danish, Breakfast Muffin, Bread & Butter Pudding

### GLUTEN FREE

To avoid any contaminations at the live stations. All orders will be freshly prepared in the kitchen. Items are replaced with gluten free ingredients, but please note that our kitchen is not a gluten free environment

**ALLERGENS** Gluten① Crustaceans② Eggs③ Fish④ Peanut⑤ Soy⑥ Milk⑦ Nuts⑧ Celery⑨ Mustard⑩ Sesame⑪ Sulphur Dioxide⑫ Lupin⑬ Molluscs⑭

**€26 for full selection including your hot beverage buffet and menu selection**

