

# SPA PRICING MENU

# CARA

— ORGANIC BEAUTY —

## SPA RITUALS

	<b>Time</b>	<b>Cost</b>
ULTIMATE INDULGENCE	2hrs	€205
HEAVENLY RETREAT	3hrs	€275
SIGNATURE CARA EXPERIENCE	5hrs	€390

## ANNE SEMONIN EXQUISITE MASSAGE COLLECTION

	<b>Time</b>	<b>Cost</b>
AROMA ENERGISER	25mins/60mins/90mins	€55/€110/€135
PURE REJUVENATION	25mins/60mins/90mins	€55/€110/€135
VITAL DETOX	25mins/60mins/90mins	€55/€110/€135
RELAX AND RENEW	25mins/60mins/90mins	€55/€110/€135
ANTI-FATIGUE BACK REMEDY	60mins	€110

## ANNE SEMONIN ULTIMATE FACIAL COLLECTION

	<b>Time</b>	<b>Cost</b>
OLIGO PROTECT	60 Min	€110
SOOTHING SKIN SAVIOUR	60 Min	€110
AGE DEFEND	60 Min	€110
ULTIMATE SKIN RENEW	75 Min	€145
CRYO TIME FREEZE	60 Min/90 Min	€125/ €150
EXQUISITE MIRACLE EYES	45 Min	€70

## ESPA HOLISTIC MASSAGE THERAPY

	<b>Time</b>	<b>Cost</b>
BACK, NECK & SHOULDER MASSAGE	25 Min	€55
CARA ORGANIC SIGNATURE FULL BODY MASSAGE	55 Min / 85 Min	€110/€135
HOT STONE MASSAGE	25 Min / 60 Min	€60/€125
INDIAN HEAD MASSAGE	40 Mins	€75
REFLEXOLOGY	55 Min	€80

## ESPA SPECIALISED MASSAGE THERAPY

	<b>Time</b>	<b>Cost</b>
INNER CALM MASSAGE	60mins/ 90 mins	€125/€145
MINDFULL MASSAGE	60mins/ 85 mins	€125/€145
STRENGTH & RESILIENCE MASSAGE	60mins/ 85 mins	€125/€145

## ESPA FACIAL COLLECTION

	<b>Time</b>	<b>Cost</b>
INNER BEAUTY FACIAL	60 Min	€95
OPTIMAL SKIN HEALTH	60 Min	€95
INTENSE REGENERATING FACIAL	60 Min	€95
INSTANT RADIANCE FACIAL	85 Min	€120
THE NATURAL FACELIFT	85 Min	€140
EXPRESS FACIAL	30 Min	€55
REVITALISING EYE LIFT	25 Min	€50

## ESPA BODY TREATMENTS

	<b>Time</b>	<b>Cost</b>
BACK, FACE & SCALP TREATMENT	85 Min	€150
SALT & OIL SCRUB	30 Min	€65
DETOXIFYING ALGAE WRAP	60 Min	€95
NOURISHING MARINE MUD WRAP	60 Min	€95

## FOR MEN

	<b>Time</b>	<b>Cost</b>
CARA ORGANIC SIGNATURE FULL BODY MASSAGE	60 Min	€110
ESPA MUSCLE REVIVER	40 Min	€75
ESPA DEEP PORE CLEANSING FACIAL	60 Min	€95

## MUM TO BE

	<b>Time</b>	<b>Cost</b>
BABY BLISS PREGNANCY MASSAGE	60 Min/ 90 Min	€110/€135
BABY BLISS PREGNANCY FACIAL	60 Min	€110
GLOWING MUM TO BE	90 Min	€150
ESPA PRE-NATAL RELAX & RESTORE	25 Min/60 Min/90 Mins	€60/€110/€135

## FINISHING TOUCHES

	<b>Time</b>	<b>Cost</b>
LUXURY MANICURE	75 Min	€75
LUXURY PEDICURE	75 Min	€75
TRADITIONAL MANICURE	45 Min	€50
TRADITIONAL PEDICURE	45 Min	€50
SHELLAC NAILS	30 Min	€40
MAKEUP	45 Min	€40
BRIDAL MAKEUP	60 Min	€50

CARA  
— ORGANIC BEAUTY —

## HAIR REMOVAL

Depilève Wax - the World's Number 1  
in professional waxing treatments

<b>For Her</b>	<b>Cost</b>
STANDARD BIKINI LINE	€20
HALF LEG WAX	€22
FULL LEG WAX	€35
FULL LEG WAX INCLUDING BIKINI LINE	€45
LIP OR CHIN WAX	€10
LIP & CHIN WAX	€18
ARM WAX	€20
UNDER ARM WAX	€15

<b>For Him</b>	<b>Cost</b>
CHEST WAX	€25
BACK WAX	€25

## EYECARE

	<b>Cost</b>
EYEBROW SHAPE	€12
EYEBROW SHAPE & TINT	€20
EYELASH TINT	€15
EYEBROW SHAPE, TINT & EYELASH TINT	€30

